

Name: _____

POST-TREATMENT DIRECTIONS FOR EXTENSIVE PROCEDURES

- Eat soft foods and drink clear fluids for 8 hours following treatment.
 - Trauma: Do not bite with injured teeth.
 - Do not drink through a straw or spit out forcefully.
 - Avoid active physical activities for 2 hours following treatment.
 - Take medications as prescribed: Ibuprofen (Advil) and/or antibiotic.
 - Bite firmly on gauze for at least 30 minutes; repeat if bleeding persists.
 - Brush teeth normally starting tonight.
 - Return in ____ days for observation or suture removal.
 - Please call our office if you have questions or concerns.
 - Other: _____
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