

**INSTRUCTIONS TO PARENTS OF CHILDREN RECEIVING
SEDATION FOR DENTAL CARE
IN OFFICE**

The medications that we administer to modify children's behavior in the dental office are safe and usually quite effective in making your child's dental visit as easy and as comfortable as possible.

The scheduling of these visits requires special planning and *additional time* to assure that the effects of the medications reach their maximum effectiveness at the time that the dentistry is to be done. The additional charge at each of these visits is made to cover the costs of this additional planning, staffing, and patient monitoring.

- Please note that parents are not allowed to accompany their child into the treatment room.
- The medications do *not* put children to sleep, but sometimes they may nap lightly.
- Please bring a change of clothing for your child to the appointment. The medication causes relaxation, and sometimes they may wet their pants.

* For your child's safety, **it is essential that he/she not eat or drink anything for 4 hours before the appointment.** *

After your child receives their medication, expect the following symptoms:

1. Grogginess, tiredness, sleep
2. Dizziness and lack of coordination
3. Irritability (this may become excessive at times)
4. Slurred speech
5. Rapid eye movements

These symptoms may last for 12 hours or more.

DO NOT ALLOW YOUR CHILD TO WALK UNASSISTED AT ANY TIME!

After your child's dental appointment:

1. Please place child in seatbelt on way home.
2. Most children will want to nap after the appointment but each individual child reacts differently.
3. Extra care is necessary. Do not allow your child to engage in active play. Make the remainder of the day quiet and relaxed, at home.
4. **Eating:** Delay solid foods until the numbness from the local anesthetic wears off. Until that time, liquids, clear broth, ice cream, etc. is acceptable. Avoid rich and heavy food for the day.
5. Clean the teeth as usual.

Thank you.

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