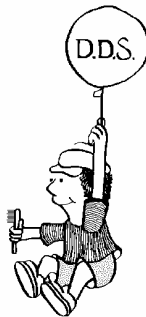


ABOUT YOUR SEPARATORS

1. Separators are placed to create space next to teeth that are going to receive orthodontic bands. They make band placement easier and more accurate.
2. Your separators will feel like food caught between your teeth. You will likely feel some discomfort for a few days. Taking Tylenol or Advil (ibuprofen) will help relieve the discomfort.
3. Avoid hard and sticky foods.
4. Do not play with the separators.
5. Do not floss the space where the separators are placed.
6. Swallowing a separator is not harmful to you.
7. If a separator should fall out, please call our office *before* your scheduled banding appointment.



Dr. Ewers & Staff
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